



SEAFORTH HIGH SCHOOL

Emergency Action Plan - Gymnasium

School Address: 444 Seaforth Rd, Pittsboro, NC 27312



A- Baseball Field

B- Softball Field

C- Football Field

D- Soccer/Lacrosse Field

E- Practice Field

F- Concessions/Bathrooms

G- Gymnasium/Wrestling Room

Situations when 911 should be called are:

- An athlete is not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin)
- Severe heat exhaustion or suspected heat stroke
- Severe bleeding that cannot be stopped

Chain of Command

- Team Physician
- Certified Athletic Trainer
- Athletic Director
- Administrator
- Head Coach



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Once it has been decided that EMS should be called, the following protocol should be followed based on roles assigned by the highest person in the chain of command :

1. **IMMEDIATE CARE OF ATHLETE:** *Anna Murr/Athletic Trainer/Designee*
Stay with the athlete to monitor the athlete's condition and administer necessary first aid.
2. **ACTIVATE EMERGENCY MEDICAL SYSTEM:** *Jason Amy/Athletic Director/Designee*
Call EMS (9-1-1)→ ALWAYS BE SURE TO FOLLOW UP TO ENSURE THE CALL WAS MADE
 - a. Coaches, Athletic Director, and Athletic trainer should all have cell phones accessible.
 - b. **Important Phone Numbers**
 1. EMS (First Health of Chatham): 9-1-1
 2. Main Office- 919-542-3626
 3. Athletic Trainer: Anna Murr- (919)770-7393
 4. Athletic Directors: Jason Amy- (919) 548-0388
 - c. Closest Land Line Telephone Locations:
 1. Gymnasium→Athletic Training Room (107F)
 - d. Venue Specific Directions
School Address: 444 Seaforth Rd, Pittsboro, NC 27312
 - Enter into Entrance 1
 - Follow road around to the back of the building where the "loading dock" is located
 - Enter door by loading dock
 - Gymnasium is first door to the left inside the building
3. **EMERGENCY EQUIPMENT RETRIEVAL:** *Head Coach/Designee*
 - a. **AED Locations: 2 AEDs accessible in case of emergency**
 1. Sport Med Room (107F). Athletic trainer will keep this AED on the gator cart next to the field (during fall/spring) or in the gymnasium (during winter) during all practice/games.
 2. Nurse's Office
 - b. Splints and Immobilization Supplies
 - Located in athletic trainer's kit or in 107F (Sports Med Room)
 - c. First Aid Supplies
 - Located in athletic trainer's kit or in 107F (Sports Med Room)
4. **DIRECTION OF EMS TO SCENE:** *Jason Amy/Athletic Director/Designee*
Send runners to all intersections between where the athlete is located and the entrance to Northwood High School to direct the ambulance to the athlete. The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.





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5. **COMMUNICATION:** *Head Coach/Designee*
Attempt contact with the athlete's parents. Coaches are responsible for having Emergency Contact information for all athletes. This information can also be found on participation forms kept on file in the Athletic Director Office.

6. **EMERGENCY TRANSPORTATION:** If transport is deemed necessary by EMS, the athlete will be taken to North Carolina Memorial Hospital (101 Manning Drive Chapel Hill, NC 27514) unless the parent requests otherwise.
 - c. School administrators and resources officers will ensure there is a clear path for EMS to enter and exit the venue

7. **SCENE CONTROL:** *School Resource Officer/Designee*
Limit emergency scenes to those providing first aid and move bystanders away from the area.

Lightning or Thunder Disturbances

- The gymnasium is a safe shelter during a lightning and thunder disturbance.
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